



Your Health Matters

Westfield Regional Health Department

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March 22-28 is National Drug and Alcohol Facts Week. [Help share facts about drugs, alcohol, and addiction in your community by clicking here.](#)



March is National Colorectal Cancer Awareness Month

Colorectal cancer is a highly preventable disease with screening, but fewer people are getting checked due to COVID-19. Screening is still safe, and options are available. [Click here to learn more.](#)



How the COVID-19 Vaccine Can Save Your Life

The first COVID-19 vaccines to hit the market in the US use mRNA – a molecule that can teach your body how to fight a disease. [Click here to learn how the vaccine works.](#)

