What to Do If You Are Sick

• **IF YOU BELIEVE YOU MAY HAVE COVID-19 CALL AHEAD BEFORE VISITING YOUR DOCTOR**
  • Stay home except to get medical care
  • Do not call 911 unless it is a true medical emergency
  • Separate yourself from other people
  • Cover your coughs and sneezes
  • Clean your hands often
  • Avoid sharing personal household items
  • Clean all “high-touch” surfaces everyday
  • Monitor your symptoms

For more information visit this CDC link:
New Providence, Roselle Park, Summit and Westfield